



KnoWhy #19  
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Photo of the altar with NHM engraved along the side. Image courtesy of Warren Aston.

## WHO CALLED THE BURIAL PLACE OF ISHMAEL “NAHOM”?

“And it came to pass that Ishmael died, and was buried in the place which was called Nahom.”  
1 Nephi 16:34

### The Know

As Lehi and his family traveled through the wilderness, they would name places where they stopped. Lehi “called the name of the river, Laman” (1 Nephi 2:8), which ran through “the valley which he called Lemuel” (1 Nephi 16:6).

At another camp, Nephi remembers, “we did call the name of the place Shazer” (1 Nephi 16:13). When they arrived at a coastal location with an abundance of fruit and honey, Nephi says it’s “the land which we called Bountiful” and the sea, he says, “we called Irreantum” (1 Nephi 17:5).

When Ishmael died, however, Nephi uses the passive voice to identify “the place which was called Nahom” (1 Nephi 16:34). “Note,” Hugh Nibley stressed as early as 1950, “that this is not ‘a place which we called Nahom,’ but *the* place which was so called.”<sup>1</sup>

Unlike the other campsites named in the text, this one already had a name, which Lehi’s group could, logically, only have learned by talking with local people.

Since Lehi did not name this place himself, this suggests the possibility that it could be found today. Archaeologist Ross T. Christensen noticed the name Nehhm on Carsten Niebuhr’s 1763 map of Arabia, in the southwest corner of the Arabian Peninsula, which is modern day Yemen. In a note published in the August 1978 *Ensign*, Christensen noted that “Nehhm is only a little south of the route drawn by [Lynn and Hope] Hilton,” who had mapped out Lehi’s route a couple years earlier.<sup>2</sup>

This led Warren Aston, an independent researcher from Australia, to make a series of visits to Yemen to further research the origins of the place named Nehhm/Nehem in southern Arabia. Aston found that there was only one place in all of Arabia known as Nehem, and was able to trace it through maps and historical references back to about the time of Christ, still 600 years too late for Nephi.<sup>3</sup>

Then, in 1999, S. Kent Brown, professor of Ancient Scripture at BYU, noticed an altar from Yemen in a museum catalog, bearing the inscription, “Bi’athar, son of Sawād, son of Naw’um, the Nihmite.”<sup>4</sup> The term Nihmite indicates that the donor, Bi’athar, hailed from “the Nihm region, west of Ma’rib.”<sup>5</sup>

Nihm, Nehem, and Nehhm are all variant spellings of the same tribal and territorial name. Like most ancient Near Eastern languages, the south Arabian script found on the altar did not include vowels; hence Nihm/Nehem was spelled simply as NHM. Nephi's own writings would have also omitted vowels, making NHM his equivalent of Nahom.<sup>6</sup>

In 2000, Warren Aston went to Ma'rib in Yemen, to examine the altar. He found two more altars with the identical inscription.<sup>7</sup> The altars were believed to be an "archaic type," in style and "dating from the 7th to 6th centuries before Christ" by the original excavator.<sup>8</sup>

More recent work on the chronology of ancient Arabia, however, pushes the dates further back to approximately 800–700 BC.<sup>9</sup> Aston has also documented writings mentioning NHM in texts from 700–300 BC.<sup>10</sup>

Aston's research also shows that the Nihm region included, or lay adjacent to, a central burial ground for outlying desert communities.<sup>11</sup> It is the largest known graveyard in all of Arabia, and was actively used from about 3000 BC to AD 1000.<sup>12</sup>

The very meaning of Nihm refers to the stonework used to build grave sites and other buildings, and is possibly connected to similar words in Arabic, Hebrew, and Egyptian, which refer to mourning the death of a loved one.<sup>13</sup>

## The Why

Could Nihm/Nehem be Nephi's Nahom? The location of Nahom can be correlated with the family's eastward turn and arrival in Bountiful (1 Nephi 17:1–5).

Likewise, the only suitable location for Bountiful is on the southern Omani coast, in Dhofar, which is nearly due east from the Nihm territory in Yemen.<sup>14</sup> Furthermore, coming down the caravan trails, traveling eastward is impossible in Arabia until reaching the Nihm area.<sup>15</sup>

The inscriptions found at Ma'rib and elsewhere add assurance that the Nihm region was known by that name when Lehi's family would have been there to

bury Ishmael and mourn his death, and the overall correlation between Nihm and Nahom is striking.

Although the Nihmite altars, discovered in the late 1990s, do not say, in effect, "Lehi slept here" or "Ishmael was buried here," this historical data is significant and should not go unnoticed by anyone tracking the trail that Lehi and his party followed down the western coast of the Red Sea.

Writing in 2002, Terryl Givens, a Latter-day Saint historian and professor at Richmond University, marveled, "Found in the very area where Nephi's record locates Nahom, these altars may thus be said to constitute the first actual archaeological evidence for the historicity of the Book of Mormon."<sup>16</sup>

Since the finding of these altars, it cannot honestly be maintained that there is no archaeological evidence for the Book of Mormon.

## Further Reading

Neal Rappleye and Stephen O. Smoot. "Book of Mormon Minimalists and the NHM Inscriptions: A Response to Dan Vogel," *Interpreter: A Journal of Mormon Scripture* 8 (2014): 157–185.

Warren P. Aston, "A History of NaHoM," *BYU Studies Quarterly* 51, no. 2 (2012): 79–98.

James Gee, "The Nahom Maps," *Journal of Book of Mormon and Restoration Scripture* 17, no. 1–2 (2008): 40–57.

S. Kent Brown, "New Light from Arabia on Lehi's Trail," in *Echoes and Evidences of the Book of Mormon*, ed. by Donald W. Parry, Daniel C. Peterson, and John W. Welch (Provo, Utah: Foundation for Ancient Research and Mormon Studies, 2002), 81–83.

Warren P. Aston and Michaela Knoth Aston. *In the Footsteps of Lehi: New Evidence of Lehi's Journey across Arabia to Bountiful* (Salt Lake City, Utah: Deseret Book, 1994), 3–25.

"Lehi's Trail and Nahom Revisited," in *Reexploring the Book of Mormon: A Decade of New Research*, ed. John W. Welch (Provo, Utah: FARMS, 1992), 47–51.

## NOTES

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1. Hugh Nibley, *Lehi in the Desert/The World of the Jaredites/There Were Jaredites*, The Collected Works of Hugh Nibley: Volume 5 (Salt Lake City and Provo, Utah: Deseret Book and FARMS, 1988), 79, italics of we added.
2. Ross T. Christensen, "The Place Called Nahom," *Ensign* (August 1978): 73. For the Hilton's work, see Lynn M. Hilton and Hope A. Hilton, "In Search of Lehi's Trail—Part 1: The Preparation," *Ensign* (September 1976): 32–54; Lynn M. Hilton and Hope A. Hilton, "In Search of Lehi's Trail—Part 2: The Journey," *Ensign* (October 1976): 34–63.
3. Warren P. Aston and Michaela Knoth Aston, *In the Footsteps of Lehi: New Evidence of Lehi's Journey across Arabia to Bountiful* (Salt Lake City, Utah: Deseret Book, 1994), 14–16.
4. S. Kent Brown, "New Light—'The Place That Was Called Nahom': New Light from Ancient Yemen," *Journal of Book of Mormon Studies* 8, no. 1 (1999): 68.
5. St. John Simpson, ed., *Queen of Sheba: Treasures from Ancient Yemen* (London: British Museum Press, 2002), 166. Some critics have insisted that Nihm was a tribal name, but not a toponym or place name. The tribal territory, however, bears the Nihm name today, and has borne it for as far back as we can trace any Arabian place names. In common with other tribal territories in southern Arabia, Nihm is the name of the tribe and of its territory.
6. Not understanding Semitic languages, some critics have made a big deal out of the different vowels, or other spelling/pronunciation differences. For a response see Neal Rappleye and Stephen Smoot, "Book of Mormon Minimalists and the NHM Inscriptions: A Response to Dan Vogel," *Interpreter: A Journal of Mormon Scripture* 8 (2014): 173–179.
7. Warren P. Aston, "Newly Found Altars from Nahom," *Journal of Book of Mormon Studies* 10, no. 2 (2001): 57–61.
8. Burkhard Vogt, "Les temples de Ma'rib," in *Yémen: au pays de la reine de Saba* (Paris: Flammarion, 1997), 144. Translation by Gregory L. Smith.
9. Warren P. Aston, "A History of NaHoM," *BYU Studies Quarterly* 51, no. 2 (2012): 87.
10. Aston, "A History of NaHoM," 90–93.
11. Warren P. Aston, "The Origins of the Nihm Tribe of Yemen: A Window into Arabia's Past," *Journal of Arabian Studies* 4, no. 1 (2014): 145–146. This can be accessed online at: [independent.academia.edu/WarrenAston](http://independent.academia.edu/WarrenAston)
12. Aston and Aston, *In the Footsteps of Lehi*, 19.
13. Aston, "The Origins of the Nihm Tribe," 147.
14. Warren P. Aston, "The Arabian Bountiful Discovered? Evidence for Nephi's Bountiful," *Journal of Book of Mormon Studies* 7, no. 1 (1998): 4–11.
15. S. Kent Brown, "New Light—Nahom and the 'Eastward' Turn," *Journal of Book of Mormon Studies* 12, no. 1 (2003): 111–112; Aston, "A History of NaHoM," 84.
16. Terryl L. Givens, *By the Hand of Mormon: The American Scripture that Launched a New World Religion* (New York: Oxford University Press, 2002), 120.