Why Is 3 Nephi Important for Understanding the Godhead?

"Father, I pray unto thee for them, and also for all those who shall believe on their words, that they may believe in me, that I may be in them as thou, Father, art in me, that we may be one."

3 Nephi 19:23, cf. v. 29

The Know

For nearly two millennia, Christians across the world have wrestled with the exact nature of God the Father and the Lord Jesus Christ—struggling to understand and articulate both their oneness and their individuality. On the other hand, Latter-day Saints—starting with Joseph Smith—have maintained that they are two separate, individual divine Beings who are one in purpose.

While this doctrine is commonly traced back to the First Vision today, no direct historical documentation has survived of Joseph Smith specifically using that manifestation as he taught about the Godhead, although he may well have done so. Indeed, a number of other places in scripture articulate clearly the separate personages of the Father and the Son. LDS theologian Blake Ostler explained, “the Book of Mormon and Mormon scriptures have always carefully balanced the unity with the distinctness of the divine persons.”

Ostler’s statement is especially true of 3 Nephi. During His visit among the Nephite peoples, the Savior frequently made reference to His Father, described His relationship with Him, and is depicted as praying to and otherwise interacting with the Father. As a result, 3 Nephi provides some of the clearest descriptions of the relationship between the Father and the Son.

Theologians David L. Paulsen and Ari D. Bruening have identified five different ways 3 Nephi depicts the Father and the Son as separate, individual beings (see table).

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<th>Ways the Father and Son are Differentiated in 3 Nephi</th>
<th>3 Nephi references</th>
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<td>1. Christ Speaking of God as “My Father”</td>
<td>14:21; 27:16; 28:10</td>
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<td>2. Christ Praying to the Father</td>
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<td>5. Other Ways Father and Son are Distinguished</td>
<td>11:35; 15:24; 16:6; 20:26</td>
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While several passages in 3 Nephi speak of the oneness of the Father and the Son (3 Nephi 11:27, 36; 20:35; 28:10), Jesus clarified that the nature of this oneness when He prayed with His disciples. He prayed that His disciples may be one with Him just as He and the Father are one (3 Nephi 19:23, 29; cf. John 17:11, 21–23).

Paulsen and Bruening thus concluded, “3 Nephi contains extensive and persuasive evidence that Jesus Christ and His Father are distinct persons.” They also conclude that 3 Nephi “provides strong evidence that the Father and Son are one” only “in a social … sense, involving two persons,” and that “the analogy for oneness appears to be … that of purification, alignment, and divine in dwelling within a community.”

Paulsen and Bruening feel that these conclusions can be extended to the rest of the Book of Mormon. Still, they wisely cautioned, “we should not assume that every prophet-writer shares the same idea of God’s oneness” and may even need to admit that some Book of Mormon “prophets … did not have as full an understanding of the Godhead” prior to Christ’s coming among them. This is especially true since Nephite conceptions of deity—like the Israelites, and later the Jews and Christians—were likely shaped in some ways by broader cultural concepts.

The Why

All of this helps to explain why 3 Nephi’s witness about the members of the Godhead is so important. Instead of getting potentially limited and culturally influenced understandings of different prophets, “3 Nephi is the most relevant because it recounts the resurrected Christ’s interactions with God the Father and includes Christ’s own explicit teachings about his relationship to God the Father,” and also “contains the personal teachings of the Son regarding himself.”

Understanding the Godhead is no trivial matter. In a discourse given toward the end of his life, the Prophet Joseph Smith taught, “It is necessary for us to have an understanding of God.” The greatest understanding of God comes from deity Himself. Joseph Smith had personal encounters with both the Father and the Son on multiple occasions throughout his life. And for most Latter-day Saints and other readers of the Book of Mormon today, 3 Nephi offers the most direct witness from the Lord Himself regarding His own nature, His Father’s nature, and their relationship.

From the Savior Himself in 3 Nephi comes the powerful, unmistakable witness that He and His Father are two separate, individual beings perfectly united with each other and the Holy Ghost in purpose, purity, and love.

Further Reading


Notes


6. For analysis of these and other examples, see David L. Paulsen and Ari D. Bruening, “The Social Model of the Trinity in 3 Nephi,” in *Third Nephi: An Incomparable Scripture*, ed. Andrew C. Skinner and Gaye Strathearn (Salt Lake City and Provo, UT: Deseret Book and Neal A. Maxwell for Religious Scholarship, 2012), 207–212. All examples in the table are taken from this portion of their paper.

7. Paulsen and Bruening, “The Social Model of the Trinity,” 193, 204, 214. Notions of a social, purified, divine community within the members of the Godhead is consistent with Joseph Smith’s own teachings on the oneness of the Godhead, which Terryl Givens described as “a covenantal relationship of unity, in which each has separate functions but each can—and does—represent the whole.” Givens, *Wrestling the Angel*, 74. See also, Rodney Turner, “One God,” in *Book of Mormon Reference Companion*, ed. Dennis L. Largey (Salt Lake City, UT: Deseret Book, 2003), 622–623.


10. See Mark Alan Wright and Brant A. Gardner, “The Cultural Context of Nephite Apostasy,” *Interpreter: A Journal of Mormon Scripture* 1 (2012): 34–38. See also Book of Mormon Central, “How is Christ both the Father and the Son?,” *KnoWhy* 92 (May 4, 2016). Since Paulsen and Bruening, “The Social Model of the Trinity,” 227–228 feel that “Abinadi is a candidate” for a Book of Mormon prophet with “modalist leanings”—modalism being the view that the Father and Son are merely different modes or offices shared by the same divine being—it seems significant that Wright and Gardner, “The Cultural Context,” 37, feel that “Abinadi’s explanation in Mosiah 15 of how Christ is both the Father and the Son could also be read as an example” of the Maya deity complex, where a single god was “composed of distinctive manifestations in different circumstances.” Maya deity complexes and modalism are conceptually very similar.


12. “Discourse, 7 April 1844, as Reported by Wilford Woodruff,” p. 133, *The Joseph Smith Papers*, accessed online at josephsmithpapers.org. This is famously known as the King Follett Discourse.