Why Did Mormon Include Flashbacks in His Narrative?

The Know
While journeying “from the land of Gideon southward, away to the land of Manti,” Alma was astonished to be reunited with the sons of Mosiah, who were journeying “towards the land of Zarahemla” (Alma 17:1). After reaffirming that the sons of Mosiah had remained true to the faith since their conversion (vv. 2–4), Mormon’s narrative spans the next ten chapters in recounting their experiences through a flashback sequence (Alma 17:5–27:15).

What was especially remarkable is that Alma 17–27 actually contains a flashback within a flashback—or what Grant Hardy calls “a subsidiary flashback” (Alma 20:30–Alma 21:14).

The end of Alma 20 recounts how Ammon and Lamoni rescued Aaron and his missionary companions from the king of the land of Maddoni (Alma 20:28–30). Then, Mormon immediately presents Aaron’s record of his preaching, imprisonment, and rescue (Alma 21:1–17).

These flashbacks are structured the way they are to allow “for the retelling of another crucial event—the destruction of the border city of Ammonihah by the Lamanites—from two perspectives (Alma 16:1–11/25:1–2).” In Alma 16, readers see this event from Alma’s perspective inside the land of Zarahemla, while Alma 24–25 gives the backstory, illuminating why the Lamanites were so angry and had gone to wipe out Ammonihah.

As seen in the accompanying chart below, Mormon’s structuring of these chapters seamlessly transitions readers into the remainder of the book of Alma. This includes the rise of the Anti-Nephi-Lehies (Alma 23–24, 27), Alma’s ministry among the Zoramites (Alma 31–35), and the so-called “war chapters,” including the exploits of chief captain Moroni (Alma 43–63).

The Why
The sophistication and intricacy of Mormon’s record can easily be discerned in these chapters. Briefly said, “These flashbacks are yet another evidence of the complexity of the Book of Mormon. It is quite remarkable how these historical accounts fit so neatly together.” There is no fumbling or confusion on Mormon’s part, who, despite the “twists and turns of [the] narrative . . . handles them smoothly.”

These chapters are also significant because they offer a compelling view of the ideal image of what it means to be a righteous missionary. It seems that Mormon was skillfully integrating valuable informa-
tion and teachings from each missionary's perspective as part of a larger sketch which sought to fully explain Ammonihah’s complete annihilation. This he did by carefully embedding flashbacks, including, most impressively, a flashback within a flashback, into the narrative.

Further Reading

Notes

2. Hardy, Understanding the Book of Mormon, 104.

3. See Book of Mormon Central, “Why was the City of Ammonihah Destroyed and Left Desolate? (Alma 16:9–11),” KnoWhy 123 (June 16, 2016).

4. Adapted from John W. Welch and J. Gregory Welch, Charting the Book of Mormon: Visual Aids for Personal Study and Teaching (Provo, UT: FARMS, 1999), chart 30.


6. Welch and Welch, Charting the Book of Mormon, chart 30.


# Flashbacks in the Book of Alma

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
<th>Chapter(s)</th>
<th>Year</th>
<th>Event</th>
<th>Chapter(s)</th>
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<tbody>
<tr>
<td>100 B.C.</td>
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<td>Alma 1–16</td>
<td>17–20</td>
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<td>Alma 21–27</td>
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<tr>
<td>91 B.C. (1 R.I.)</td>
<td>Alma Nehor, Amlicites, Amulek, Zeezrom, Ammonihah Attacked</td>
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<td>91 B.C.</td>
<td>Ammon, Lamoni, Land of Ishmael</td>
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<td>81 B.C. (11 R.I.)</td>
<td>Missionaries Meet (around 77 B.C.)</td>
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<td>91 B.C.</td>
<td>Ammonihah Attacked</td>
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<td>78 B.C. (14 R.I.)</td>
<td>Jershon Attacked</td>
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<td>91 B.C.</td>
<td>Lamoni’s Father, Land of Nephi</td>
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<td>71 B.C. (21 R.I.)</td>
<td>Captain Moroni, Korihor, Zoramites, Sons of Helaman</td>
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<td>91 B.C.</td>
<td>Anti-Nephi-Lehi</td>
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<td>78 B.C.</td>
<td>Missionaries Meet (around 77 B.C.)</td>
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</tbody>
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**First Flashback**
- Alma Nehor
- Amlicites
- Amulek
- Zeezrom
- Ammonihah Attacked

**Second Flashback**
- Ammon
- Lamoni
- Land of Ishmael
- Ammonihah Attacked
- Anti-Nephi-Lehi

Jershon Attacked (71 B.C.)

Missionaries Meet (around 77 B.C.)

Captain Moroni

Sons of Helaman

Korihor

Zoramites