Why Do the Scriptures Compare Hell to an Unquenchable Fire?

“Therefore if that man repenteth not, and remaineth and dieth an enemy to God, the demands of divine justice do awaken his immortal soul to a lively sense of his own guilt, which doth cause him to shrink from the presence of the Lord, and doth fill his breast with guilt, and pain, and anguish, which is like an unquenchable fire, whose flame ascendeth up forever and ever.” Mosiah 2:38

The Know

Although the precise ancient Israelite understanding of “hell” is not clear from the text of the Hebrew Bible, the idea of a place for the wicked to endure the fiery wrath of God appears in a number of passages.

- Deuteronomy 32:22—“For a fire is kindled in mine anger, and shall burn unto the lowest hell (Hebrew: sheol), and shall consume the earth with her increase, and set on fire the foundations of the mountains.”
- Isaiah 26:13–19—Although the wicked dead are punished, the righteous dead will arise and shout for joy.1
- Isaiah 30:33—“For Tophet (Hebrew: a place of burning; synonymous with Gehenna)² is ordained of old; yea, for the king (of Assyria) it is prepared; he hath made it deep and large: the pile thereof is fire and much wood; the breath of the Lord, like a stream of brimstone, doth kindle it.”
- Isaiah 66:24—“And they shall go forth, and look upon the carcasses of the men that have transgressed against me: for their worm shall not die, neither shall their fire be quenched; and they shall be an abhorring unto all flesh.”
- Jeremiah 7:31–32; 19:1–15—Just as the people of Jerusalem sacrificed their children and burned incense to false gods at Topheth/Gehenna, the Lord would likewise make it a place for the punishment of His people.

It is apparent from these examples that around the time that Lehi left Jerusalem, and well before, the valley of
Hinnom (Gehenna) was associated with burning, de-
struction, and the fiery wrath of God in the minds of the
inhabitants of Jerusalem. This was clearly still the case
in New Testament times.\(^3\)

Although this imagery was apparently familiar to King
Benjamin and is referenced in his use of the words “un-
quenchable fire” and “flame,” he, or the angel of the Lord
who had revealed these doctrines to him, chose to speak
of the concept of eternal punishment metaphorically.
The text states that this torment is “like an unquen-
chable fire” (Mosiah 2:38, emphasis added) and “as a lake
of fire and brimstone” (Mosiah 3:27, emphasis added).

Benjamin’s speech goes on to build upon this meta-
phorical sense as he emphasizes that these feelings of
fiery wrath do not come from an actual pit of fire, or
the like, but from the sinner’s awakening “to an awful
view of their own guilt and abominations,” which “doth
cause them to shrink from the presence of the Lord into
a state of misery and endless torment” (Mosiah 3:25).
This sense of guilt, says Benjamin, “doth fill his breast
with guilt, and pain, and anguish, which is like an un-
quencherable fire, whose flame ascendeth up forever and
ever” (Mosiah 2:38).

This concept of experiencing “hell” through the pain
and anguish of a guilty conscience can be found in
the Old Testament as well. The Psalmist, for exam-
ple, lamented that “the sorrows of hell compassed me
about” (Psalm 18:5) and that the “pains of hell gat hold
upon me: I found trouble and sorrow” (Psalm 116:3).
These sentiments parallel those of Alma the Younger,
who recounted that he was “tormented with the pains of
hell” and “harrowed up by the memory of my sins”
when he remembered his rebellion against God. He
wished that he “could be banished and become extinct
both soul and body, that I might not be brought to stand
in the presence of my God, to be judged of my deeds”
(Alma 36:12–17).

This anguish because of sin and the desperate desire for
forgiveness is expressed again in Psalm 51:

Hide thy face from my sins, and blot out all mine
iniquities. Create in me a clean heart, O God; and
renew a right spirit within me. Cast me not away
from thy presence; and take not thy holy spirit
from me.

The Why
Since King Benjamin emphatically warned of the pains
of hell in his famous covenant speech to all of his peo-
ple, it is good to wonder why it was so important for
him to communicate that topic to them. What methods
does he prescribe for them to avoid this “awful situa-
tion” (Mosiah 2:40)?

The Book of Mormon teaches that Satan and hell are
real. King Benjamin wanted his audience to under-
stand the pain and anguish of guilt that comes from sin.
Throughout his speech, he then gives many instructions
about how this “unquenchable fire” can be avoided.

For example, King Benjamin was concerned to unite his
people and prevent rebellion among them. In Mosiah
2:32, he admonishes them to “beware lest there shall
arise contentions among you,” warning them that in
doing so, they “list to obey the evil spirit.” Jesus would
later warn the Nephite people of the same evil (3 Ne-
phi 11:29). Benjamin advised his people that whoever
decided to obey the evil spirit and remained and died
in their sins “drinketh damnation to his own soul; for
he receiveth for his wages an everlasting punishment,
having transgressed the law of God contrary to his own
knowledge” (Mosiah 2:33).

The nature of this “punishment,” according to King Ben-
jamin, would be mental torment that we inflict upon
ourselves because of our awareness of our own guilt.
The words used to describe this anguish are harrowing
indeed, but this good king also explained to his people
how they, through the atonement of Christ, could es-
cape this awful predicament. He explained to his people
the key to following Christ so that they “might receive
remission of their sins” (Mosiah 3:13). In Mosiah 3:19,
King Benjamin explained:

For the natural man is an enemy to God, and has
been from the fall of Adam, and will be, forev-
er and ever, unless he yields to the enticings of
the Holy Spirit, and putteth off the natural man
and becometh a saint through the atonement of
Christ the Lord, and becometh as a child, submis-
ive, meek, humble, patient, full of love, willing
to submit to all things which the Lord seeth fit to
inflict upon him, even as a child doth submit to
his father.
If they would not rebel against God, that “withdraw[ing] yourselves from the Spirit of the Lord” (Mosiah 2:36), then they could look forward to a much brighter future. Benjamin provided them with that hope, encouraging them to focus on the good, in Mosiah 2:41:

And moreover, I would desire that ye should consider on the blessed and happy state of those that keep the commandments of God. For behold, they are blessed in all things, both temporal and spiritual; and if they hold out faithful to the end they are received into heaven, that thereby they may dwell with God in a state of never-ending happiness. O remember, remember that these things are true; for the Lord God hath spoken it.

Further Reading

Notes
1. Emile Puech commented on these verses: “judgment and punishments of the wicked are opposed to the resurrection of the just in a context of collective eschatology, and God has destroyed death forever (Isaiah 25:8).” Emile Puech, “Jesus and Resurrection Faith in Light of Jewish Texts,” in *Jesus and Archaeology*, ed. by James H. Charlesworth (Grand Rapids, MI: Eerdmans, 2006), 644.

2. Tophet (or Topheth, Tophteh) was a section of “the valley of the Son of Hinnom” (Hebrew: Gai Ben-Hinnom; later “Gehinnom” in Hebrew or “Gehenna” in English translations) which was situated just south of Jerusalem. The Israelites are accused of burning their children to Moloch and other Canaanite gods at this place, a crime for which it was understood to be cursed (Jeremiah 7:31; 19:2–6).