



KnoWhy #402
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Why Do We Still Have to Cling to the Iron Rod Even Though the Path is Strait?

“And as I cast my eyes round about, ... I beheld a river of water; and it ran along, and it was near the tree of which I was partaking the fruit. And I looked to behold from whence it came; and I saw the head thereof a little way off.” (1 Nephi 8:13–14)

The Know

When describing his vision of the tree of life, Lehi said that people “did *press* forward through the mist of darkness, *clinging* to the rod of iron,” eventually reaching the tree of life (italics added for emphasis 1 Nephi 8:24). Yet one wonders why they needed to “press forward” and “cling” to the rod, if they were simply walking through a level plain on the straight and narrow path.¹ You would think that simply running your fingers along the iron rod to avoid getting lost in the mist as you sauntered along would be sufficient. Instead, the account of Lehi’s vision suggests that the tree of life was on a hill or mountain and that people had to pull themselves up. This detail makes more sense when Lehi’s vision is compared to the Garden of Eden.

David Calabro has argued that there are multiple similarities between the account of the garden of Eden in Genesis and Lehi’s vision of the tree of life. For example, Genesis 3:24 states that God placed “a flaming sword which turned every way, to keep the way of the tree of life.” 1 Nephi 12:18 also discusses a sword: “a great and a terrible gulf divideth them, yea, even the sword of the justice of the eternal God, and Jesus Christ, which is the

Lamb of God” (1 Nephi 12:18, original manuscript).² 1 Nephi 15:28–30 similarly notes that this gulf kept the wicked from accessing a certain area and that it was like the “brightness of a flaming fire”—in other words, a metaphorical “flaming sword.”

Calabro has also noted that there is a road leading up to the tree in both texts. Genesis 3:24 states that God “drove out the man; and he placed at the east of the garden of Eden Cherubims, and a flaming sword which turned every way, to keep the way of the tree of life.”³ The Hebrew *derek*, translated here as “way,” can also be translated as “road” or “path.” 1 Nephi 8:20 similarly discusses a path: “I also beheld a strait and narrow path, which came along by the rod of iron, even to the tree by which I stood.”

Both the Genesis account and Lehi’s dream describe a fertile garden with wilderness beyond it. Calabro has noted that “in Genesis 2–3, there is a basic contrast between the garden, on the one hand, and the world from which Adam and Eve were taken and into which they were later driven, on the other.” One is “characterized by dust (Genesis 2:7; 3:19), thorns and thistles (Gene-

sis 3:18), and toil (Genesis 3:17, 19)” while the garden contained rivers and “every tree that is pleasant to the sight, and good for food” (Genesis 2:8–10). This basic contrast may be reflected in the “dark and dreary wilderness/waste” and the “large and spacious field” of Lehi’s dream (1 Nephi 8:4, 7, 9, 20).

This “dark and dreary waste,” according to Robert Millet and Joseph McConkie, is a “symbolic representation of fallen man in the lone and dreary world.”⁴ It is only after Lehi was brought into the “large and spacious field” that he encountered the tree and rivers. Although the words *field* and *garden* have different meanings, the Hebrew word *karmel*, meaning “plantation, garden-land,” is translated as “fruitful field” in several places in the King James Bible (Isaiah 10:18; 29:17; 32:15, 16).⁵ The Hebrew name *Eden* may even derive from a Semitic word meaning “plain,” which suggests an expansive piece of land, similar to a field.⁶ Thus, the “spacious field” of Lehi’s dream may very well reflect an ancient conception of Eden (1 Nephi 8:9, 20).⁷

In addition, both Lehi’s dream and Eden contain multiple rivers with heads,⁸ as well as mist.⁹ In some traditions, Eden is also associated with a rod of iron, like in Lehi’s dream.¹⁰ Connections like these help to explain the apparent uphill movement of the people towards the tree. According to many ancient sources, the garden of Eden was on a mountain. This is implied in the phrase “a river went out of Eden” because rivers flow downhill (Genesis 2:10). Ezekiel 28:11–16 also equates “Eden the garden of God” with “the holy mountain of God.”¹¹ Calabro has noted that Lehi, who was near the tree of life, could see “the river and its head (1 Nephi 8:13–14), the straight and narrow path leading ultimately to the ‘large and spacious field’ that is said to be like a ‘world’ (1 Nephi 8:20), and ‘numberless concourses of people’ traveling on various paths (1 Nephi 8:21–22, 28).” Lehi’s expansive view suggests a higher elevation, like Eden.

The head of the river being “described as being ‘a little way off’ from the place where Lehi stands by the tree (1 Nephi 8:13–14); as with the description of the river in Genesis 2:10,” also “implies that Lehi’s location is higher than the surrounding area where the river flows.” These points all suggest that the people may have been “pressing forward” because they were pulling themselves uphill along the rod to get to the tree (1 Nephi 8:21, 24, 30).¹²

The Why

The image of the people struggling uphill towards the tree of life is a fitting symbol for life on earth. At times, life may feel like an uphill climb, a desperate attempt to overcome the effects of the Fall and return to the Eden from which we have been cast out. This is very similar to what one sees in Lehi’s dream. Far from a leisurely stroll through a field, the people in Lehi’s vision were pulling themselves up towards Eden.

Yet Lehi’s later statement invites us to view this upward journey with optimism: “Adam fell that men might be; and men are, that they might have joy” (2 Nephi 2:25). The return to the tree of life doesn’t have to be drudgery. We can find joy in the climb. The image of Lehi’s family being present at the Tree of Life with him reminds us of this. In the Garden of Eden, Adam and Eve did not have their family with them, as they could not have children before the Fall (see 2 Nephi 2:23). Lehi, on the other hand, gathered his family around him when he was partaking of the tree of life. His vision reminds us all that the Fall was really a “fall forward,”¹³ allowing us all to have children, and eventually to be with them in the presence of God.

As we make our way through life, struggling to overcome the effects of the Fall, we should remember that the Fall is what opens the path toward eternal life and therefore eternal happiness.¹⁴ In our upward climb, we can remember that even while we are in the process of overcoming the effects of the Fall that a fullness of joy can be found, and we can, with gratitude, make our way towards the tree of life, clinging to the iron rod.

Further Reading

David M. Calabro, “Lehi’s Dream and the Garden of Eden,” *Interpreter: A Journal of Mormon Scripture* 26 (2017): 269–296.

Jeffrey M. Bradshaw, “What Can the Architecture of Israelite Temples Teach Us About Creation and the Garden of Eden?” *KnoWhy OTL03A* (January 8, 2018).

Donald W. Parry, “Garden of Eden: Prototype Sanctuary,” in *Temples of the Ancient World*, ed. Donald W. Parry (Salt Lake City, UT: Deseret Book, 1994), 126–51.

Margaret Barker, “Joseph Smith and Preexilic Israelite Religion,” *BYU Studies* 44, no. 4 (2005): 69–82.

Notes

1. The interpretation of a flat or level plain may be inviting because Lehi twice reported that the tree of life was somewhere within or near a “spacious field” (1 Nephi 8:9, 20). However, Lehi’s description isn’t clear enough to be certain that the field, and particularly the area surrounding the tree of life, was on level ground.

2. David Calabro noted that the “word sword was mis-copied as *word* in the printer’s manuscript, and this reading persisted until the current edition. The reading with sword is undoubtedly correct; not only is it the earliest reading, but the phrase, “the sword of justice,” referring to God’s justice, occurs frequently in the Book of Mormon (Alma 26:19; 60:29; Helaman 13:5; 3 Nephi 20:20; 29:4; Ether 8:23). In Ether 8:23, the same phrase as in the original manuscript of 1 Nephi 12:18 occurs: “the sword of the justice of the eternal God.” In contrast, the phrase “the word of the justice of the eternal God” would be an anomaly.” David M. Calabro, “Lehi’s Dream and the Garden of Eden,” *Interpreter: A Journal of Mormon Scripture* 26 (2017): 272. In support of this claim, Calabro referenced Royal Skousen, *Analysis of Textual Variants of the Book of Mormon, Part One* (Provo: FARMS, 2004), 257–258.

3. Emphasis added.

4. Joseph Fielding McConkie and Robert L. Millet, *Doctrinal Commentary on the Book of Mormon*, 4 vols. (Salt Lake City, UT: Bookcraft, 1987), 1:56.

5. Other passages also associate fields with fruitfulness and luxuriance (Isaiah 32:12; Ezekiel 17:5).

6. Francis Brown, S. R. Driver, and Charles Briggs, *A Hebrew and English Lexicon of the Old Testament* (Oxford, UK: Clarendon Press, 1951), 726–727; Ludwig Koehler and Walter Baumgartner, *The Hebrew and Aramaic Lexicon of the Old Testament*, study edition (Leiden, Netherlands: Brill, 2001), 1:792.

7. Calabro, “Lehi’s Dream,” 278–279.

8. See Genesis 2:10 and 1 Nephi 8:13–14. “Nephi’s vision includes not just one but two ‘fountains’: (1) ‘the fountain of living waters’ (1 Nephi 11:25), which is not mentioned in Lehi’s account; and (2) ‘the fountain of filthy water’ (1 Nephi 12:16), which is identified with the

fountain Lehi describes. One of these, “appears to have had its source very close to the tree of life.” In addition, “on a basic level, the motif of waters emanating from the vicinity of the tree of life is common to both” visions. Some kind of “life-giving water source (*meqor khayyim* ‘spring of life,’ or *meqor mayim khayyim* ‘spring of living waters’), thought to be located at God’s garden abode, features prominently in other biblical passages (see Psalm 36:8–10; Jeremiah 17:12–13).” One also sees the motif in Near Eastern mythology and temple ideology. One finds “various ancient creation traditions that feature two rivers, one being the celestial waters and the other the subterranean waters.” They might seem “at first to be in conflict with the usual motif of four rivers,” but reflect a related idea. Calabro, “Lehi’s Dream,” 280. Calabro also noted that Eden is the point from which the four rivers flow out toward the four points of the compass (p. 279, n. 24). For this concept, which is present in many ancient traditions of the creation, see Thomas Fawcett, *Hebrew Myth and Christian Gospel* (London, UK: SCM Press, 1973), 279–281.

9. See Genesis 2:6 and 1 Nephi 8:23–24; 12:16–17. “Although the functions are clearly different, the mist in Genesis 2:6 may correspond on some level to the ‘mist of darkness’ in Lehi’s dream.” The mist in Lehi’s dream isn’t “associated with the watering of the ground but rather with an obscuring of vision that results in the wicked becoming lost. This mist seems to be associated with the filthy river.” Thus, “the river and the mist are mentioned side-by-side in 1 Nephi 12:16–17. The Hebrew word *ed* ‘mist’ sounds like the word for ‘distress’ or ‘calamity,’ often used in reference to the paths of the wicked or to their fate, and it is possible that the similarity between these two words prompted a sinister understanding of the biblical mist in the context of Lehi’s dream.” Calabro, “Lehi’s Dream,” 281. See also Brown, Driver, and Briggs, *Hebrew and English Lexicon*, 15.

10. The Septuagint and several other versions of Psalm 2:9 talk about a Messianic king “ruling” or “shepherding” his people with a rod of iron. This comes from an interpretation of the Hebrew word *ra’â* (to harm/break) as *ra’ah* (to pasture, feed, shepherd). Ultimately, it is difficult to know which meaning was intended. The Septuagint interpretation fits with passages such as Leviticus 27:32, where the rod is understood to be a shepherd’s crook. The quotation of Psalm 2:9 in the Greek of Revelation 2:27, where *ra’ah* is rendered as Greek *poimanei* (to shepherd, pastor, feed, rule), reflects this. This is ap-

parently the understanding of the rod of iron that we see in Lehi's dream—that it is meant for guiding, like a shepherd's crook, and leading people to the Tree of Life (to feed them). Biblical scholar Margaret Barker has addressed this topic, concluding that “Lehi's vision has the iron rod guiding people to the great tree—the older and probably the original understanding of the word.” Barker further noted that the Bible mentions the rod of iron four times as the rod of the Messiah. The Messiah is depicted as using the rod to “break” the nations (Psalm 2:9) or “rule” them (Revelation 2:27; 12:5; 19:15). In the Greek translation (the Septuagint) the Hebrew word in Psalm 2:9 is understood to mean *shepherd* and it reads, “He will shepherd them with a rod of iron.” The words for “break” and “shepherd, pasture, tend, lead” are almost the same. The Book of Revelation “uses the word ‘shepherd,’ *poimanei*, of the Messiah and his iron rod, so the English versions here are not accurate. The holy child who was taken up to heaven (Revelation 12:5) was to ‘shepherd the nations with a rod of iron.’” Micah 7:14, in the King James Version, “translates this same word as ‘Feed thy people with thy rod,’ where ‘guide’ would be a better translation.” In Psalm 78:72 one finds, ‘He fed them . . . and guided them,’ “where the parallelism of Hebrew poetry would expect the two verbs to have a similar meaning: ‘He led them . . . he guided them.’” Ultimately, “Lehi's vision has the iron rod *guiding* people to the great tree—the older and probably the original understanding of the word.” Margaret Barker, “Joseph Smith and Preexilic Israelite Religion,” *BYU Studies* 44, no. 4 (2005): 76–77.

11. Calabro, “Lehi's Dream,” 274. See also Donald W. Parry, “The Garden of Eden: Sacred Space, Sanctuary, and Temple,” *Explorations: Journal for Adventurous Thought* 5 (1987): 84–85; Donald W. Parry, “Garden of Eden: Prototype Sanctuary,” in *Temples of the Ancient World*, ed. Donald W. Parry (Salt Lake City, UT: Deseret Book, 1994), 133–37.

12. Compare 1 Nephi 8:31, which currently reads “and he saw other multitudes feeling their way towards that great and spacious building.” The original manuscript here read “pressing [spelled prssing] their way” instead of “feeling their way.” See Skousen, *Analysis of Textual Variants*, Part One, 187.

13. See Book of Mormon Central, “How did Lehi Learn So Much About the Fall? (2 Nephi 2:25),” *KnoWhy* 28 (February 8, 2016).

14. See Book of Mormon Central, “Why Did Lehi Teach that the Fall Was Necessary? (2 Nephi 2:22–25)” *KnoWhy* 269 (February 1, 2017).